

DB&A helps your organization bridge the gap between fatigue science and increased operational safety. We do this by bringing a deep understanding of fatigue science along with the tools you need to effectively manage fatigue risk in your operations.

Here's how we can help you manage fatigue risk and improve operational safety...

Integrating With Your Safety Management Systems

Our services are designed from a systems perspective to fit seamlessly with existing safety management efforts in your organization. With a clear focus on Fatigue Risk Management (FRM) they help jump start FRM activities that are just getting under way, and they can help make existing FRM activities more sophisticated.



Fatigue Education

Quickly help your leadership team understand the liabilities and risks that fatigue introduces to the safety of your operations and what you can do about it. Then, quickly get your key staff trained in the essentials necessary to effectively conduct fatigue risk management and improve operational safety.

Fatigue Risk Management Maturity Model – FRM3™

Quickly assess your organization's efforts to address fatigue risk relative to identified practices and industry requirements. Then develop the organizational commitment to close any identified gaps through fatigue risk management policies and plans.

Fatigue Risk Management Quick Start Toolkit

Quickly get your FRM efforts up and running by leveraging the four components in our *FRM Quick Start Toolkit*, including:

Fatigue Risk Management Plan

Quickly customize best practice FRM plan templates to develop an actionable work plan, specific to your organization, to close identified fatigue risk management awareness, process and/or culture gaps.

Fatigue Risk Management Steering Committee

Quickly charter and establish a fatigue risk management steering committee by adapting and adopting charter templates that are based on best practice approaches to FRM oversight and direction.

Fatigue Risk Management Process Architecture

Quickly adapt and deploy best practice fatigue risk management business processes enabling a structured and repeatable approach to fatigue risk management across your organization.

 **Fatigue Modeling Tools**

Quickly understand the fatigue modeling tool landscape, the differences between available tools, and determine which is best suited for your organization. Then begin modeling fatigue and/or alertness in your operation environment to determine areas of potential risk.

 **Fatigue Risk Management System Planning & Implementation**

Quickly explore requirements for, and approaches to, developing and implementing a fatigue risk management system (FRMS). Then develop a collaborative FRMS approach that balances prescriptive rules and flexible guidelines to improve alertness and reduce fatigue risk in your operational environment.

 **Safety Culture Through Coaching**

Quickly adapt and deploy a proven coaching process to empower your executives and managers to use new work and management methods, update reward and recognition systems, and promote a safety culture through fatigue risk management.

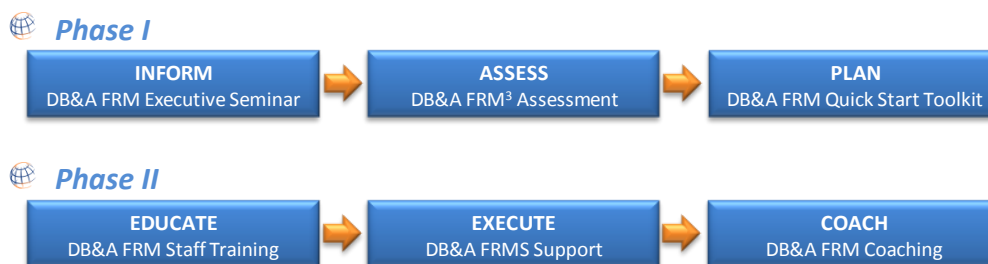


Customized Services Just Right For You

Wondering where to begin or to improve your FRM efforts? DB&A is here to help. Use our FRM3 to assess where your organization is relative to where it needs to be for your industry. With this knowledge in hand, we can then jump start your FRM efforts with our FRM Quick Start Toolkit. Our FRM services can be leveraged individually, or collectively. We will tailor our services based on the exact needs of your organization. Benefit from our experience and get started improving your operational safety today.

Getting Started

For organizations just starting out on the fatigue risk management journey we recommend a two phased plan to get up and running quickly.



To discuss any of DB&A's Fatigue Risk Management services contact us at the email address or telephone number below. We're here to help you make the transition **from science to safety.**